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## Code of Conduct

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As a member of the Seattle Summer Swim League, we agree to:

- Abide by the SSSL Operating Plan
- Consistently display respect, honesty and sportsmanship toward coaches, teammates, officials, volunteers, parents and competitors
- Consistently display a positive and supportive attitude toward all teams, coaches, teammates and competitors
- Refrain from inappropriate or unacceptable behavior such as:
  - The display or use of aggressive behavior or intentional contact
  - The use of offensive language, including any derogatory reference to any person's race, sex, ethnicity or other characteristics
  - Any activity which would detract from the positive image of the SSSL

All infractions that result in meet expulsion must be reported to the SSSL board within three (3) days.

Any infraction of this code may result in, but is not limited to, the following actions by the Seattle Summer Swim League Board

- Restriction from future competition for a designated period of time
- Placement on probation for a designated period of time
- Restriction from participation in championship competition

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**COME JOIN  
MARINE HILLS  
AND BE A PART OF OUR  
TEAM!**

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## Eligibility

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The Operating Rules of the Seattle Summer Swim League state:

“Any swimmer is eligible to compete in SSSL competition whose family is a dues paying member meeting the normal financial responsibilities of that swim club to include full use of the pool for the entire summer season for the entire family or is a child of the manager or head coach. For inclusion of any other employee's children the team must petition to the league. This is a one time petition unless the employment situation changes. House guests of club members who want to participate in SSSL competition must stay with the family for a minimum of six (6) weeks during the SSSL season. House guests must begin by June 15th and the coach must notify by writing to the SSSL President by this date. Any club in violation of eligibility rules will forfeit the meet in question. The board has the authority to request information from the club to determine proof of eligibility of the swimmer(s).”

Our family has discussed the league's Code of Conduct and understand what is expected of parents and swimmers. We understand the Eligibility rules of the league and certify that our family meets these guidelines of club membership.



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# MARINE HILLS

*Swim and Tennis Club*

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## Swim Team Application

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For additional information please contact

**Tara Ross**  
**Swim Team Coordinator**

206-250-8807  
swimteamcoord@marinehillspool.org

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[www.marinehillspool.org](http://www.marinehillspool.org)

# Welcome to the 47th season of the Marine Hills Swim Team

We are excited once again to offer your children the opportunity to be a part of a fun and competitive summer program in association with the Seattle Summer Swim League.

Summer swim league is always a wonderful time for kids to get outside and participate in a recreational sport, to make new friends and spend time with old ones.

Swim team is available to all “active” memberships.

For more information please visit our web site at [www.marinehillspool.org](http://www.marinehillspool.org).

Swim team is for children that can swim a minimum of 25 yards (length of the pool) freestyle without stopping or touching the bottoms or sides. Swimmers can swim through their summer of graduation. Marine Hills offers a professional coaching staff. Swim meets are exciting for the whole family.

We currently have more than 100 swimmers on the team and are actively recruiting new swimmers this season.

Marine Hills Swim and Tennis Club  
P.O. Box 3887  
Federal Way, WA 98063

## Participation Form

I hereby consent to participation by my child/children listed on this sign up form, on the Marine Hills Swim team, in the Seattle Summer Swim League.

I understand this activity involves an element of risk of bodily injury, including, but not limited to, activities occurring in a pool, on a pool deck, on a starting block, and/or while performing a racing start. We will assume all risks associated with and incidental to participating on a swim team.

My child/children have no special medical conditions, except those described below, and is fit to participate on a swim team.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

In consideration of the right and privilege for my child to participate, we hereby release, waive and agree to hold harmless the Seattle Summer Swim League, Marine Hills Recreation Association, it's members, directors and employees, the club hosting the event, its members, directors and employees, and coaches, organizers and parent volunteers for any and all liability, claims, legal actions, and demands of any nature whatsoever which may arise from or in connection with the swim team or related activities.

I understand that events may take place away from Marine Hills Pool. I understand that the coaches are not responsible for transportation to swim meets or related swim team activities.

I hereby authorize emergency medical/dental care and treatment for my child, as necessary.

I have read the Code of Conduct,  
Eligibility and Participation Form.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Dated

## Swim Team Application

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Swimmer \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female

Swimmer \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female

Swimmer \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female

Swimmer \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female

Swimmer \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female

### Emergency Contact Information (REQUIRED)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Alternate Contact \_\_\_\_\_

Phone \_\_\_\_\_

### Swim Team Dues

First Child	\$60.00
Child #2, Child #3	\$50.00 each
Four or more	\$200.00 family maximum