

Marine Hills Swim and Tennis Club

Swim Team Schedule

Date	Event	Location
05/26/10	Wednesday Speedy 6 Tryouts	05:00:00 PM to 06:00:00 AM Marine Hills Swim Club
06/19/10	Saturday Time Trials	09:00:00 AM to 11:00:00 AM Marine Hills Swim Club
06/19/10	Saturday Timers Clinic	08:30:00 AM to 09:00:00 AM Marine Hills Swim Club
06/24/10	Thursday LR @ MH	06:00:00 PM to 10:00:00 PM Marine Hills Swim Club
06/29/10	Tuesday MH @ GS	06:00:00 PM to 10:00:00 PM Gregory Seahurst Swim Club
07/06/10	Tuesday AH @ MH	06:00:00 PM to 10:00:00 PM Marine Hills Swim Club
07/08/10	Thursday MH @ OV	06:00:00 PM to 10:00:00 PM Olympic View Swim Club
07/13/10	Tuesday MH @ NP	06:00:00 PM to 10:00:00 PM Normandy Park Swim Club
07/14/10	Wednesday Swim Team Pictures	01:00:00 PM to 02:00:00 PM Marine Hills Swim Club
07/15/10	Thursday MH @ KS	06:00:00 PM to 10:00:00 PM Kent Swim Club
07/20/10	Tuesday TL @ MH	06:00:00 PM to 10:00:00 PM Marine Hills Swim Club
07/22/10	Thursday B Champs @ MH	04:00:00 PM to 10:00:00 PM Marine Hills Swim Club
07/26/10	Monday Girls Prelims @ Kent	04:00:00 PM to 10:00:00 PM Kent Swim Club
07/27/10	Tuesday Boys Prelims @ GS	04:00:00 PM to 10:00:00 PM Gregory Seahurst Swim Club
07/29/10	Thursday Southern @ OV	04:00:00 PM to 10:00:00 PM Olympic View Swim Club
08/03/10	Tuesday All City @ LR	04:00:00 PM to 10:00:00 PM LakeRidge Swim Club
08/05/10	Thursday Swim Team Picnic	04:00:00 PM to 10:00:00 PM Marine Hills Swim Club

Practice Schedule

All practices will be skill oriented and will better prepare you for the rest of the season. * Some swimmers may be asked to swim in different practices based on their ability.

Practice Session Dates: 05/17/10 To 06/15/10

Age Group	Start Time	End Time	Monday	Tuesday	Wednesday	Thursday	Friday
13 - 18	04:00:00 PM	05:00:00 PM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7 - 12	05:00:00 PM	06:00:00 PM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Practice Session Dates: 06/01/10 To 06/15/10

Age Group	Start Time	End Time	Monday	Tuesday	Wednesday	Thursday	Friday
Speedy Sixers	05:30:00 PM	06:00:00 PM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Practice Session Dates: 06/17/10 To 07/21/10

Age Group	Start Time	End Time	Monday	Tuesday	Wednesday	Thursday	Friday
13 - 18	07:00:00 AM	08:15:00 AM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
11 - 14	08:15:00 AM	09:15:00 AM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
8 - 10	09:15:00 AM	10:00:00 AM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Speedy Sixers	09:30:00 AM	10:00:00 AM	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>